

Dr Elizabeth Bray
Chartered Clinical Psychologist

DoB 20/11/73

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Education

2008-2008	TEFL Teaching Certificate
2004-2007	Doctorate in Clinical Psychology Lancaster University, Lancaster.
2003-2003	Counselling Skills level II Mersey Open College, Liverpool
1995-1998	BSc. Honours Degree in Psychology Bolton Institute, Bolton.
1990-1994	3 A-Level's Wigan & Leigh College, Wigan.
1985-1990	8 GCSE's Mornington High School, Wigan.

Employment History

2010-present day Clinical Psychologist

I work independently offering services to children, adults and families with a range of emotional and mental health difficulties. Such difficulties range in levels of severity, but often do not meet NHS criteria, even though such difficulties impact significantly on quality of life, work, school, and relationships. I also act as an expert witness to the court for both criminal and civil cases, and conduct medico-legal assessments. Such assessments are largely around personal injury, clinical negligence and family court proceedings. I also offer intervention and therapeutic work where indicated for such cases.

2010-March 2013 Clinical Psychologist
Clinical Psychologist Associates, Manchester

I worked part time for a private company who specialised in working with looked after children in residential settings. I worked one to one with young people across a broad spectrum of difficulties including depression, anxiety, stress and trauma. I also consulted with staff teams regarding the care of the children, and offered training around the mental health issues and associated behaviour that can affect young people in care. I worked collaboratively with the local authority, to help address the on going social, emotional and mental health issues of looked after children and their families. Alongside this work I also ran an adult clinic, offering therapy for mild to moderate mental health difficulties. I also conducted medico-legal assessments for both criminal and civil cases.

Dr Elizabeth Helen Bray, Chartered Clinical Psychologist, HCPC Registered.

2009-2010 Clinical Psychologist
NHS-Alder Hey Children's Hospital, Liverpool, Tier 3 CAMHS
Reason for leaving: 6 month contract

I worked in children's services offering psychological support to young people and their families with moderate mental health difficulties including self harm and suicide ideation. I also worked with difficulties associated with attachment, ADHD and Autism/Aspergers.

2008-2009 Tefl Teacher, Spain
Reason for leaving: One year contract.

I took a career break to work overseas, teaching English to children aged 3-16.

2007-2008 Clinical Psychologist
NHS-Alder Hey Children's Hospital, Liverpool, Paediatrics
Reason for leaving: 12 month locum post

I worked with young people and their families who were involved in accidents, or who suffered from acute or chronic illness. I worked with issues such as loss, bereavement, depression, trauma, adjustment and anxiety prior to surgery.

2004-2007 Trainee Clinical Psychologist

My training was comprehensive and allows me to work with adults, children, older adults and people with learning difficulties. During my final year I specialised in child and adolescent psychology. I held a split post, working in a secure mental health setting for young people largely deemed a risk to themselves, as well as working with young offenders under the age of 21 who were held in a young offenders institute.

2003-2004 Assistant Psychologist
NHS-Alder Hey Children's Hospital, Liverpool, CAMHS Tier 3

I worked with young people in Tier 3 services who had moderate mental health difficulties. I also worked for Surestart with families of children under the age of five, offering advice and support around issues such as behaviour and development.

2002-2003 Assistant Psychologist
NHS-Prestwich

I worked with older adults in primary care across a range of mental health difficulties, as well as difficulties associated with dementia and stroke.

2000-2002 Assistant Psychologist
NHS-Ashworth Hospital, Maghull

I worked in a maximum secure forensic setting with adults deemed at high risk to self or others.

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Continued Professional Development and training:

September 2011	EMDR
December 2010	Sexually harmful behaviour in young people
January 2010	Supervisor Training
April 2007	What is Narrative Therapy?
October 2006	Cognitive Analytic Therapy CAT North West
December 2003	The Rapid Trauma (PTSD) and Phobia Cure
November 2003	Effective Brief Therapy for Depression
August 2003	Introduction to Counselling Skills
January 2003	Understanding Anxiety & how to manage it
July 2002	Dealing with Anger through De-escalation

<u>CASE TYPES</u>
ADHD
ASD
Clinical Negligence
Family
Historic Sexual Abuse
Personal Injury
Road Traffic Accident
Second Opinion

<u>SPECIALISMS</u>
ADHD
ASD
ADD
Asperger's
Anxiety
Attachment
Cognitive Behavioural Therapy
Depression
Historic Sex Abuse
Neglect
Non-Accidental Injury
OCD
PTSD
Self Harm
Sex Offenders
Sexual Abuse Victims
Trauma