

GMC Number: 5207664

SPECIALISMS

Anxiety
Antisocial Behaviour
Bipolar
Capacity
Chronic Pain
Military
Mood Disorder
Munchausen
OCD
Personality Disorders
Postnatal Depression
Psychosexual
Psychosis
Psychosomatic
PTSD
Radicalisation
Risk
Schizophrenia
Self Harm
Sex Change
Sex Offenders
Sexual Abuse Victims
Suicidal Ideation
Victims of Torture

CASE TYPES

Clinical Negligence
Coroner's Reports
Criminal
Disability Discrimination
Employment Tribunal
Family
Fitness to Plead
Forensic
Historic Sexual Abuse
Housing
Immigration & Asylum
Litigation Capacity
Personal Injury
Risk Assessments
Road Traffic Accident
Second Opinion
Testamentary Capacity

MEDICO-LEGAL EXPERTISE:

Completed the Bond Salon Excellence in report writing skills course.

Claimant: Defendant: Joint - 50%: 45%: 5%

Number of reports undertaken - 70+ per year

- Personal injury
- Clinical negligence
- Family law
- Fitness to plead
- Assessment of capacity
- Employment Tribunals
- Reports for General Pharmaceutical Council
- Reports for General Dental Council

AREAS OF EXPERTISE:

- Depression
- Bipolar affective disorder
- Childhood Sexual Abuse
- Schizophrenia
- Post-traumatic stress disorder
- Stress in the work place
- Drugs and alcohol
- Personality disorders
- Liaison psychiatry

LANGUAGES SPOKEN:

- English
- Hindi
- Urdu
- Punjabi
- Tamil (Indian)

QUALIFICATIONS:

2009 Certificate of Specialist Training (CCT) General Adult Psychiatry

2005 Section 12(2) Approved

2004 Member of the Royal College of Psychiatrists (MRCPsych)

1999 Bachelor of Medicine, Bachelor of Surgery (MBBS)

MEMBERSHIP OF PROFESSIONAL ORGANIZATIONS:

- Royal College of Psychiatrists
- General Medical Council
- Medical Protection society
- Birmingham Medico-legal council (Ex-council member)
- British Medical Association
- Birmingham medical institute (Ex-council member)

CURRENT POSITION:

Consultant Psychiatrist

Community Mental Health Team , Newington Centre, Marston Green, Solihull, B37 7RW

Consultant Psychiatrist

Locked Inpatient Rehabilitation Psychiatry , Cygnet hospital, Derby

WORK EXPERIENCE:

June 2009-July 2010	Locum Consultant Psychiatrist , Lyndon Clinic, Solihull, B92 8PW
2006-2009	Specialist Registrar in General Adult Psychiatry, Birmingham
2006-2009	Honorary Clinical Tutor , University of Birmingham
2006	Locum Consultant in General Adult Psychiatry, Winchester/ Andover
2006	Panel of the Southampton Research Ethics Committee
2005-2006	Locum Staff Grade Psychiatrist , Southampton
2002-2005	Senior House Officer in General Adult Psychiatry, Southampton
2001-2002	Locum Senior House Officer in Psychiatry, Cannock/ Southampton
2001	Clinical Attachment , Community Psychiatry, University College London
1999-2000	House Officer , Chandigarh, India

PUBLICATIONS:

Chahl P (2009). 10 day MBA. Book review. *Health Services Journal*.
September 2009 pp.21

Chahl P, Bond A (2009). "I'm sorry but you have got cancer", Psycho- oncology: A review. *British Journal of Hospital Medicine*. 70; 9; M514-517

Chahl P (2009). Staying in touch. *Mind the Gap*, West Midlands SpR newsletter.

Chahl P (2009). Documentary review. The Bridge. *Psychiatric Bulletin*. 33; 3; 120.

Chahl P (2008). Ten steps to better communication. *British Journal of Hospital Medicine*. 69; 9; M141-143

Chahl P (2008). © Make the case for a case report. <http://pb.rcpsych.org/cgi/eletters>

Chahl P (2007) Organising the MRCPsych Part II Clinical Exam. *Birmingham and Solihull NHS Trust Intranet*.

Chahl P (2006) © Benzodiazepine prescribing and dependence: time for a rethink? e-letter. *Advances in Psychiatric Treatment*.

Chahl P (2005) © A physical lesson for clinicians?-Audit on physical examination in psychiatric practice. *Advances in Psychiatric Treatment*. 11; 15

Chahl P (2005). © Research for the sake of Research. *Psychiatric Bulletin*. 29;232.

Chahl P (2005) © Relationship with Pharmaceutical companies. Solutions to the problem.
<http://pb.rcpsych.org/cgi/eletters>

RESEARCH AND AUDIT:

- Ethnicity, migration and mental illness: A clinical evaluation and sociological study -April 07-July 07
- Schizophrenia and Borderline Personality Disorder: The role of Meta- cognition, Trauma and Psychosis subgroups-January-October 2005
- I am currently a reviewer for the *Psychiatric Bulletin*.

TEACHING AND PRESENTATIONS:

Undergraduate

- Consultation and interview skills. September 2008
- Examiner for Clinical oral exams. January 2008
- Psychological understanding of Physical illness. October 2005.

Post-graduate

- Case based discussion. June 2008
- Interviewing skills, risk assessment. June 2008.
- Interviewing skills, pre-morbid personality and personal history. February 2008
- Management of Anxiety disorders. January 2007
- Passing the MRCPsych written exam. July 2005/ January 2006
- Patient management problems for the MRCPsych Part II. May 2005
- Psychodynamic formulation. July 2003

Multi-disciplinary

- Psycho-oncology service development plan. Haematology Review Conference. February 2009
- Psycho-oncology: a review. West Midlands Liaison psychiatry meeting. January 2009
- Ethnicity, family structure and prognosis. Washwood Heath CMHT. September 2007
- Signs and Symptoms of Schizophrenia. Medicines management course. February 2007
- The Mental Health Act. Doctoral programme in Psychology, Southampton University. October 2005

