

## SPECIALISMS

Antisocial Behaviour  
Anxiety  
Bereavement  
Bipolar  
Capacity  
Cultural Diversity  
Custody  
Depression  
Domestic Violence  
Historic Sex Abuse  
Mood Disorder  
Neglect  
OCD  
Perinatal  
Personality Disorders  
Postnatal Depression  
Psychosis  
Psychosomatic  
PTSD  
Schizophrenia  
Self Harm  
Sexual Abuse Victims  
Suicidal Ideation  
Trafficking  
Trauma  
Victims of Torture

## CASE TYPES

Criminal  
Disability Discrimination  
Employment Tribunal  
Family  
Fitness to Plead  
Historic Sexual Abuse  
Housing  
Immigration  
Litigation Capacity  
Personal Injury  
Second Opinion

## MEDICO-LEGAL EXPERIENCE

I have been providing reports since 2012 and the bulk of my work has been for the family court assessing parents in care proceedings on issues such as litigation capacity, prognosis, risk assessments, insight, engagement and treatment.

I also have a lot of experience in other areas such as criminal, assessing areas such as fitness to plead, mental state at the time of offence and risk assessments. In addition, I have experience in assessing people in Immigration Proceedings and Asylum seekers looking at issues such as Post Traumatic Stress Disorder, Trafficking, Trauma, Victims of Torture. Other areas I have experience in include civil cases such as psychiatric aspects of personal injury, employment tribunal reports and disability discrimination.

I have a lot of experience in assessing patients with bipolar affective disorders, psychosis, depression, personality disorders, comorbid substance misuse, anxiety disorders including OCD. I have experience in giving second opinions.

I have completed approximately 120 reports to date.

## QUALIFICATIONS

- Post graduate certificate in Evidence based psychological interventions at University of Reading ( December 09)
- Section 12 approved / Approved clinician under the revised mental health act 1983
- Completion of certificate in training (CCT) in General Adult Psychiatry with endorsement in substance misuse psychiatry (addiction psychiatry) Date obtained 13th of July 2009.
- MRCPsych (May 2005)
- MD Psychiatry (India, April 2002)
- MBBS (India, February 1998)

## EDUCATION

- 2006 – 2009 – St Bart’s and the Royal London Higher training scheme, London
- 2002 – 2006 – St Mary’s Basic Psychiatric rotation, London
- 1999 – 2002 – Department of Psychiatry, Government medical college, Madurai, India

### COURSES ATTENDED

- Writing for Court – Ensuring quality and effectiveness, The royal college of psychiatrists
- Bond Solon courses on writing court reports and witness familiarisation
- HCR – 20 training, version 3, Institute of psychiatry
- Adult ADHD, training in diagnosis and management, Institute of psychiatry
- ADOS – 2 completed modules 3 and 4 (Autism diagnostic observation schedule)
- MHA training for doctors seeking section 12(2) approval

### MEMBERSHIP

- General Medical council - Full registration 5207250
- Medical defence union - MDU 456706A
- British medical Association

### EXPERIENCE PROFILE ( GENERAL ADULT PSYCHIATRY)

- 1) Experience in functional and organic adult psychiatry in wide variety of settings – inpatient, community, home treatment and assertive outreach services, management of complex co morbidities
- 2) Crisis assessments and ‘systems approach’ to managements as part of the Home treatment team.
- 3) Substance misuse psychiatry – community maintenance and detoxification of opiates/ drugs and alcohol. Assessment and management of complex needs of pregnant drug users, child protection issues.
- 4) Liaison psychiatric work and assessments for the suitability for admission to the Psychiatric intensive care unit and prison assessments.
- 5) Cognitive behaviour therapy under supervision in a drug and alcohol service.
- 6) Experience in basic psychological forms of intervention such as brief solution focussed therapy and motivational interviewing.
- 7) Special interest sessions in Mildmay hospital (HIV liaison psychiatry) and low secure rehabilitation service
- 8) Experience in transcultural issues by virtue of training in India and East London
- 9) Electroconvulsive therapy – experience in supervision and training to senior house officers and nursing students.

### EMPLOYMENT

08/05/2019 – Current date – Consultant Psychiatrist in Early Intervention Psychosis, Birmingham Women’s and Children’s NHS foundation trust

05/01/2011 – 07/05/2019 – Consultant Psychiatrist Ladywood Home treatment team, Birmingham and Solihull mental health foundation NHS trust

02/09/2010 – 04/01/2011 – Consultant Psychiatrist in Ladywood assertive outreach / Howard court inpatient rehabilitation teams, Birmingham and Solihull mental health foundation NHS trust

02/09/2009 – 01/09/2010 – Locum consultant in Ladywood assertive outreach / Howard court inpatient rehabilitation teams, Birmingham and Solihull mental health foundation NHS trust

07/05/2008 – 31/08/2009 – Specialist registrar in assertive outreach and home treatment team with Dr William Travers at Thorpe Coombe hospital, Walthamstow, East London.

02/05/2007 – 06/05/2008 – Specialist registrar in addiction psychiatry with Dr Jan Groszer and Dr Ron Alcorn at Tower Hamlets Specialist addiction unit, Mile end hospital, East London.

03/05/06 – 01/05/07 – Specialist registrar in general adult psychiatry with Dr Cuda Sarathchandra and Dr Sarah Dowse at Clacton and District hospital /Colchester general hospital, Essex.

27/02/06 to 26/04/06 – locum staff grade in general adult psychiatry, Mead House community mental health resource centre, Hayes, Middlesex

07/08/02 to 08/02/06 - Senior house officer in psychiatry, St Mary's basic psychiatric training scheme, London. Worked in the following specialities of psychiatry – general adult, learning disability, psychotherapy and forensic psychiatry

27/03/99 to 31/03/02 - Post graduate in psychiatry at Madurai medical college, Dr M.G.R medical university, India .Worked in General Adult, Old age, Substance misuse, Child and Adolescent, (Internal medicine – 1 month and neurology – 3 months)

21/03/97 to 20/03/98 - Resident Internship at Krishnarajendra Hospital, Mysore, India.

### ADDITIONAL ROLES

Health examiner and medical supervisor for the General medical council UK (about 16 reports since 2016)  
Royal college CASC examiner for MRCPsych examination.

Trained appraiser within the trust

Medico legal work – family court, criminal court, civil, employment tribunal proceedings (about 120 reports since 2012)



### PUBLICATIONS

Lyndi Wiltshire, Heather Hurst, Harish Rao. Service users with diabetes in an acute inpatient setting. British Journal of Mental Health Nursing, March / April 2015, Vol 4, No2, Pages 64-71.

Tests of allelic association between markers at the DRD2 and ANKK1 gene loci with the alcohol dependence syndrome and criminal record. Kasiakogia-Worley, K., McQuillin, A., Lydall, G.J , Patel S. , Kottalgi, G, Gunwardena, P. 2, Doe, P. , Cherian, R. , Rao, H. , Hillman, A. , Gobikrishnan, B.N. , Douglas E. , Qureshi, S.Y. , Jauhar, S. , Ball, D. , O’Kane, A., Owens, L., Dedman A. , Sharp, S., Kandaswamy, R., Guerrini, I., Thomson, A.D, Smith, I. , Dar, K. , Morgan, M. , Gurling, H.M.D. Accepted for publication in Psychiatric Genetics 14/02/2011

Harish Rao & Jason Luty. The future of specialized alcohol treatment services: a matter of policy? Advances in Psychiatric Treatment 2009 v. 15, p. 253-259.

H. Rao, H.Mahadevappa, J. Luty et al, A study of stigmatized attitudes towards people with mental health problems among health professionals. Journal of Psychiatric and Mental Health Nursing, Volume 16, Issue 3, April 2009, Pages: 279-284

Jason Luty, Harish Rao et al, The repentant sinner: methods to reduce stigmatized attitudes towards mental illness Psychiatric Bulletin, Sep 2008; 32: 327 - 332.

Harish Rao. Integrated service for pregnant substance misusers: Seacole clinic, East London. SCAN Bites Autumn 2008 (Issue17): 12

Luty J, Rao H. Survey of professional attitudes to addiction treatment policy. Journal of substance use 2008, 13/2 (115-120),

Rao H, Luty J, Trathen B. Characteristics of patients who are violent to staff and towards other people from a community mental health service in South East England Journal of Psychiatric and Mental Health Nursing, 2007 Dec, vol. 14, no. 8, p. 753-7

Trathen B, O-gara C, Sarkhel A, Sessay M, Rao H, Luty J. Co-morbidity and cannabis use in a mental health trust in South East England. Addictive behaviors, Oct 2007 (epub: 07 Mar 2007), vol. 32, no. 10, p. 2164-77

Rao H, Markar N. A pilot survey of service user involvement in C.P.A in a learning disability service. British Journal of Developmental Disabilities, 2006, 52/1 (29-36)

Taye T, Fineberg N, Sherman A J, Rao H, Creak D. Chronic Pain Disorder Manifesting as Dental Pain: Case Report. Dental Update 2006; 33: 54-56.

Moorthy R, Rao H Neuropsychiatric manifestations of a frontal lobe tumour a case study: Indian Journal of psychological medicine, 2003, 26(2), 38 – 40