

CURRICULUM VITAE
DR. SHAWN KATZ BA, M.A. PhD, AFBPsS
REGISTERED COUNSELLING PSYCHOLOGIST

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- EMDR Consultant & Specialist Trauma Psychologist: Group EMDR Clinical Supervisor: Sussex Partnership Foundation Trust. 4/2010- Present
- Registered Integrative-Transpersonal Psychotherapist, Chartered Counselling Psychologist. Private Practice for Integrative and Depth oriented Psychotherapy, and Supervision. Brighton, East Sussex. 4/2000- Present.
- Chartered Counselling Psychologist. Sussex Partnership Foundation NHS Trust (Formerly South Downs Health NHS Trust: Department of Clinical and Counselling Psychology), Psychological Therapies. Adult Services, Brighton. Assessment, Psychometric Testing, Psychological Therapy, and Supervision. Includes specialist work in Alcohol Service and Trauma Service, EMDR Consultant & Supervisor. 5/2000- 9/2009.
- Chartered Counselling Psychologist, Registered Psychotherapist. Psychology Associates, Hove. Psychological Assessment and Treatment. Includes specialty in trauma work. 4/2000- 9/2006.
- Group Leader. University of Sussex at Brighton: Psychological and Counselling Services. Group Process Leader in the Counselling Program. 10/2000- 6/2002.
- Tutor. Brighton College of Technology. 2000-2002.
- Psychotherapist, Counselling Psychologist. Pyramid Alternatives. Pacifica, California, USA. Led court-mandated psycho-educational and counselling groups for perpetrators of domestic violence, drunk driving, adolescent substance abuse, and group leader for a rehabilitation program with incarcerated people whose arrests were drug/alcohol related. Individual adult, adolescent, couples, and family therapy; including psychological assessment, diagnosis, and treatment plans. 11/1998- 12/1999.
- Psychotherapist. New Perspectives Counselling Center. Santa Clara, California, USA. Individual and couples therapy. 12/1998- 10/1999.
- Psychotherapist, Counselling Psychologist. Transpersonal Counselling Center. Palo Alto, California, USA. Individual adult, adolescent, and couples therapy. Issues of substance abuse, diversity, anxiety disorders, depression, sexual abuse, ADHD/ADD, life transitions, psycho-spiritual issues. Included psychological assessment, diagnosis, and treatment plans. 9/1997- 8/1998.
- Counsellor. Community Health Awareness Council, Mountain View, California, USA. Individual and group counselling for children, adult and family therapy. Issues of substance abuse and recovery, domestic violence, child abuse, dual diagnosis population. Included psychological assessment, diagnosis, treatment

plans, and case management. 9/1996- 6/1997.

- Supervisor, Tour Director. Westcoast Connection. Montreal, Quebec, Canada. Supervised and led bus and cycling teen tours in North America and Europe. Responsibilities included intense organizational skills, managing staff and groups of up to fifty teenagers, programming, budget, and conflict resolution. Summers 1991-2000.
- Teacher, Facilitator, Watch Officer. Class A-float. Pointe-Claire, Quebec, Canada. Taught Psychology (College and High School levels) for a residential, educational program on a three-mast Tall Ship. Implemented and facilitated group process, managed watch groups, and helped develop curriculum integration. 8/1992-7/1993
- Co-leader residential educational program on a kibbutz in Israel. Academic counsellor, group process leader, and mentor. 1/1992-7/1992
- Teacher's Assistant for the mentally and physically handicapped. Peter Hall School. Montreal, Quebec, Canada. 10/1990- 6/1991
- Section Head and Counsellor for Residential Summer Camp. Pripstein's Camp. Saint-Adolphe d'Howard, Quebec, Canada. Responsibilities included managing 15 staff, 50 children ages 6-9, and program development. Summers 1983-1986.

ADDITIONAL INFORMATION

- Registered Counselling Psychologist HPC (Health Professions Council)
- Chartered Counselling Psychologist and Associate Fellow of BPS (British Psychological Society)
- Registered Integrative Psychotherapist with UKCP (United Kingdom Council for Psychotherapy)
- Registered Euro Psychologist with EFPA (European Federation of Psychologists' Associations)
- Accredited EMDR Consultant with EMDR UK & Ireland & EMDR Europe
- Registered Trauma Therapist on the Trauma Register
- Professional member of ISTSS (International Society for Traumatic Stress Studies)
- Professional member of ESTSS (European Society for Traumatic Stress Studies)
- Professional member of UKPTS (UK Psychological Trauma Society)
- International Affiliate of APA (American Psychological Association)
- Published Article: 2002. Healing the Father-Son Relationship: A Qualitative Inquiry into Adult Reconciliation. *Journal of Humanistic Psychology* 42(3), 13-52.
- Received the 1999 Sydney M. Jourard Award for Excellence in Research. Awarded by the American Psychological Association. Presentation at APA

convention in Boston, MA in August, 1999.

- Unpublished Research Project: Through the Eyes of our Future: An Educational Ethnography of a Waldorf School. California Institute of Integral Studies, USA, 1990.
- Work Study participant at Esalen Institute, two months in Gestalt therapy oriented group. Big Sur, California, USA.
- Participated in an Outward Bound course on winter survival skills in Northern Canada. Included dog sledding, building shelters, and emergency rescue.
- Volunteer work with a penitentiary inmate through the John Howard Society for Prisoner Rights. Kingston, Ontario, Canada.
- President of Queen's University Skydiving Club, including budget membership, and diving! Kingston, Ontario, Canada.
- Big Brother for Helen Tufts Tutorial Program. Tutor and Mentor for young adolescents. Kingston, Ontario, Canada.

EDUCATION

- Ph.D. Transpersonal Psychology, Institute of Transpersonal Psychology. Palo Alto, California. June, 1999.
- M.A. Counseling Psychology, Institute of Transpersonal Psychology. Palo Alto, California. June, 1997.
- M.A. East-West Psychology, California Institute of Integral Studies. San Francisco, California. June, 1990.
- B.A. Psychology, Queen's University. Kingston, Ontario, Canada. June, 1987.
- D.E.C. (Diploma of Collegial Studies) Commerce, Marianopolis College. Montreal, Quebec, Canada. June, 1985.

RECENT CONTINUING PROFESSIONAL DEVELOPMENT

EMDR Accredited Consultants' Workshop: Future Directions in EMDR: Implications for Research, Accreditation & Training for EMDR Clinicians. London, 11th September 2010

11th EMDR European Conference: Hamburg 11-13 June 2010

LGBT (Lesbian Gay Bisexual Transgender) Affirmative Practice Training. Sussex Partnership Foundation NHS Trust, 29 July 2009

EMDR 10th European Conference, Pre-Conference, and Consultant's Workshop. Amsterdam 4-7 June 2009.

Power in Supervision: One Day Workshop by Salomons, Canterbury Christ Church University, 18 May 2009

Safeguarding Children Basic Awareness: Sussex Partnership NHS Trust. 5 March 2009

Supervision in an Age of Trauma. Supervision Conference by BASPR (British Association for Supervision Practice and Research.), 26-27 July 2008

EMDR 9th European Conference, Pre-conference, and Consultant's Workshop. London 12-15 June 2008

EMDR 8th European Conference, Pre-Conference, and Facilitators' Workshop. Paris 14-17 June 2007

An Integrated Approach to Anxiety: Brighton and Hove Integrated Forum. 17 May 2007

EMDR UK & Ireland Association 5th Annual Conference. Glasgow 24 March 2007

Making Trauma therapy Safer: The Psychophysiology of Trauma & PTSD with Babette Rothschild: Chiron Centre for Body Psychotherapy. London 20 & 21 October 2006

EMDR Consultant's Training: EMDR UK & Ireland. London 13-16 September 2006

Dissociation, Complex Trauma and Post Traumatic Stress Disorder: UK Society for the Study of Dissociation, Norwich 7-9 July 2006

EMDR, CBT & Psychological Trauma. Moving Minds Network Training Day, Birmingham 18 February 2006

EMDR UK & Ireland Association 4th Annual Conference. London 4 March 2006

Trauma & Attachment. 13th John Bowlby Memorial CAPP Conference. London 10 & 11 March 2006

Addressing the Consequences of Trauma: A Narrative Perspective. Workshop with Michael White, Belfast 10-11 October 2005

Working with Victims of Torture: Workshop presented by The Medical Foundation for the Care of Victims of Torture. Brighton & Hove 27 September 2005

PTSD Following Adult Trauma: The Basics and Beyond. Training at The Oxford Cognitive Therapy Centre, Oxford. 4-7 July 2005

CBT, EMDR, & Trauma. Moving Minds Specialist Study Day, London 19 February 2005

Mindfulness Contexts and Research: Mindfulness-Based Approaches: Research, Training, and Clinical Practice. Conference at University of Bangor, Wales 13-15 August 2004

Child Protection Training by South Downs Health NHS Trust. Brighton & Hove 1 July 2004

Transference and Countertransference Challenges of Working with Severely

Traumatised People. Workshop with Valerie Sinason by Confer. 21 June 2004

Introduction to Supervision for Supervisors by South Downs Health NHS Trust, Brighton & Hove, 22 April 2004

Traumatic Incident Reduction (TIR) training workshop. Dyslexia Correction Centre, Ascot. November 2003

Mindfulness Approaches for Health Care Professionals. University of Wales, Bangor. June 2003

Introductory Workshop (level 1 & 2) on Clinical Hypnosis. University College London and The British Society of Experimental and Clinical Hypnosis. April & June 2002

Trainings in Cognitive Therapy by Dr. Christine Padesky. March 2001 & May 2002

Disability Awareness Training. South Downs Health NHS Trust. 2002

Primary Certificate Course in Critical Incident Stress Debriefing. Centre for Stress Management. November 2001

Conference: Drugs, Alcohol and Substance Misuse. At Royal College of Surgeons. September 2000