

SPECIALISMS

Anxiety
Antisocial Behaviour
Attachment
Bereavement
Bipolar
Brain Injury
Capacity
Cognitive Behavioural Therapy
Dementia
Depression
Dissociation
Dissociative Disorders
Eating Disorder
Historic Sex Abuse
Mood Disorder
Munchausen
Neglect
Non-Accidental Injury
OCD
Old Age
Personality Disorders
Postnatal Depression
Psychosis
Psychosomatic
PTSD
Risk
Schizophrenia
Self Harm
Sexual Abuse Victims
Suicidal Ideation
Stroke
Trauma
Victims of Torture

CASE TYPES

Cognitive
Criminal
Historic Sexual Abuse
Neuropsychiatric
Neuropsychological
Personal Injury
Risk Assessments
Road Traffic Accident
Second Opinion
Testamentary Capacity

PROFILE

Consultant Clinical Psychologist with extensive experience working in mental health settings in various capacities since 1994.

Since completing the Clinical Psychology doctorate in 1999, I have worked primarily in community & inpatient services with individuals with severe and complex mental health difficulties, providing assessment and intervention within a multidisciplinary team, giving evidence at Mental Health Review Tribunals, contributing to policy development and delivering training programmes.

I have accrued substantial experience of working with a range of mental health difficulties, including Personality Disorders, Complex Trauma and PTSD, Attachment disorders, Psychosis and Adjustment Disorders.

MEDICO-LEGAL EXPERIENCE

In conjunction with these roles, I have conducted medicolegal work for the civil, family and criminal courts. This has involved preparing reports based upon psychological assessments and comprises the following areas:

- Mental Health
- Vulnerability
- Suggestibility/Compliance
- Sexual abuse
- Risk assessments
- Attachments/Relationships
- Capacity Assessments
- Cognitive Assessments
- Personal Injury
- Criminal Injury Compensation

KEY SKILLS

- Extensive knowledge of psychological theories and principles.
- Specialist in the theory and practice of trauma and dissociation assessment and intervention.
- High level of knowledge and experience in the administration of standardised assessment measures, including neuropsychological testing.
- Ability to compile comprehensive, evidence-based reports.
- Development of integrative and individualised psychological formulations.

EDUCATION

1996 - 1999
1990 - 1994

University of Surrey
University of St Andrews

**Doctorate in Clinical Psychology
Psychology**

**PsychD
Psychology MA Hons (2:1)**

PROFESSIONAL MEMBERSHIP AND REGISTRATION

Chartered Clinical Psychologist with the British Psychological Society
HCPC Registered – PYL18148

POSTS HELD

- 2009 – Present:** Consultant Clinical Psychologist, John Munroe Independent Hospital, Rudyard, Leek. – *Working with clients with a range of complex, severe and enduring mental health diagnoses, including psychosis, posttraumatic stress disorder, dissociative identity disorder and acquired head injury.*
- 2012 – Present:** Private practice – provision of medicolegal assessment.
- 2009- 2012:** Clinical Psychologist, Macclesfield Community Mental Health Team. *Working within a secondary care adult mental health team, providing psychological assessment intervention and consultation.*
- 2007 – 2009:** Clinical Psychologist, Park Villa Independent Hospital, Park Lane, Macclesfield. – *working within a female inpatient setting, providing psychological assessment and intervention for a range of complex mental health disorders.*
- 2002 – 2007:** Part-time private practice based in Wimbledon, South-West London – *including medico-legal work and therapeutic intervention.*
- 1999 – 2002:** Clinical Psychologist
West End Community Mental Health Team, Soho Square, London
- 1996 – 1999:** Psychologist in Clinical Training - University of Surrey, Guildford – *Specialist placements in Neuropsychology and Psychiatric Rehabilitation.*
- 1995 – 1996:** Assistant Psychologist, Springfield University Hospital, London
Locked Rehabilitation unit.
- 1994 – 1995:** Assistant Psychologist, West London Healthcare NHS Trust, Ealing, London
Older Adults – community and inpatient.

ADDITIONAL TRAINING

Assessments:

- HCR-20 (Historical Clinical Risk Management)
- RSVP (Risk of Sexual Violence Protocol)
- MCMI-IV (Millon Clinical Multiaxial Inventory)
- SCID-5 (Structured Clinical Interview for DSM-5)
- SCID-D (Structured Clinical Interview for Dissociative Disorders)

Therapy

- EMDR (Eye Movement Desensitisation and Reprocessing)
- Introduction to CAT (Cognitive Analytic Therapy)
- Schema Focused Therapy
- CFT (Compassion Focused Therapy) for Borderline Personality Disorder

