

**Dr Zoe Hyde**  
**Clinical Psychologist**  
**HCPC registration: PYL32451**

Expert in Mind Ltd, Astec House, Sedlescombe Road South,  
St Leonards on Sea, East Sussex, TN38 0TA

Tel: 01424 444130      Fax: 01424 234625

### **Biography**

I currently work in a drug and alcohol addictions service in an NHS Foundation Trusts. I have a particular interest in working with complex trauma, in both child and adult populations. I have strong assessment skills. I use interview, questionnaire and neuropsychological tools to assess for current mental health symptoms and functioning. I use this information to formulate maintaining factors and provide treatment options, which I share in written reports. I write medico-legal reports.

### **Education and Qualifications**

2012 –2015	Doctorate in Clinical Psychology	Institute of Psychiatry, KCL
2008 – 2009	Masters in Neuroscience: Distinction	Institute of Psychiatry, KCL
2005 –2008	BSc in Psychology: First Class Honours	University of Manchester
2003 – 2005	International Baccalaureate: 37 points	United World College of the Atlantic

### **Employment History**

2016 - Present	Clinical Psychologist	South Camden Drug Service
2016 - 2016	Locum Clinical Psychologist	Tier 3 CAMHS, SLaM Foundation Trust
2012 – 2015	Trainee Clinical Psychologist	South London and Maudsley Trust
2011 – 2012	Research Assistant	Developmental Risk and Resilience, UCL
2009 – 2011	Research Assistant	Institute of Pediatric Neuroscience, NYU

### **Assessment Experience**

- Conducted initial assessments of mental health symptoms and current risk and provided treatment recommendations
- Conducted neuropsychological assessments and provided written reports: used tests of intellectual abilities, memory, language, perceptual abilities and executive function.
- Assessed adaptive functioning to inform diagnosis of learning disability
- Conducted functional analysis of behavior assessments.
- Conducted complex assessments (e.g. providing witness reports for courts) of the determinants of offending behavior, including structured risk assessments (e.g. SAVRY, ERASOR). Reports often included treatment recommendations, based on identified risk factors.
- Wrote letters of clinical concern in support of asylum applications.
- Conducted medico-legal assessments and reports for individuals in detention, with Medical Justice.

## Treatment Experience

- Cognitive behavioural therapy for depression, PTSD, anxiety disorders (agoraphobia, social anxiety, OCD, GAD, Panic Disorder, Health Anxiety), late onset psychosis and comorbid substance misuse. Used with children, adolescents, adults and older adults and individuals with learning disabilities.
- Narrative exposure therapy for complex PTSD.
- Facilitation of groups: PTSD psychoeducation group, a group for victims of trafficking, parenting intervention (STOP), psychodynamic drama therapy.
- Systemic interventions: with families and staff teams.
- Behavioural interventions with individuals with diagnoses of conduct disorder, attention-deficit hyperactivity disorder, autism spectrum disorder and learning disability.
- Developed intervention skills in the models of multi-systemic therapy and dialectical behavior therapy to work with young people with emerging borderline personality disorder and their families.

## Relevant Publications

- Sebastian, C. L., De Brito, S. A., McCrory, E. J., Hyde, Z. H., Lockwood, P. L., Cecil, C. A. M., & Viding, E. (2014). Grey matter volumes in children with conduct problems and varying levels of callous-unemotional traits. *Journal of abnormal child psychology*, 44(4), 639-649
- Sebastian, C. L., McCrory, E. J., Dadds, M. R., Cecil, C. A. M., Lockwood, P. L., Hyde, Z. H., & Viding, E. (2014). Neural responses to fearful eyes in children with conduct problems and varying levels of callous-unemotional traits. *Psychological medicine*, 44(01), 99-109.
- Lockwood, P. L., Sebastian, C. L., McCrory, E. J., Hyde, Z. H., Gu, X., De Brito, S. A., & Viding, E. (2013). Association of callous traits with reduced neural response to others' pain in children with conduct problems. *Current Biology*, 23(10), 901-905.
- Castellanos FX, Hyde Z. (2010) Diffusion tensor imaging provides new clues in adults with ADHD (Commentary on Konrad et al). *European Journal of Neuroscience*, 31(5), 910-1.
- Rubia K, Hyde Z, Halari R, Giampietro V, Smith A. (2010) Effects of age and sex on developmental neural networks of visual-spatial attention allocation. *Neuroimage*, 51(2), 817-27.