

Professor Cornelius Katona

MD FRCPsych

Consultant Psychiatrist

CASE TYPES

Immigration & Asylum
Litigation Capacity
Testamentary Capacity

PROFESSIONAL QUALIFICATIONS

MRCPsych 1983 Royal College of Psychiatrists
MD 1990 University of Cambridge
FRCPsych 1994 Royal College of Psychiatrists

HIGHER EDUCATION

University of Cambridge 1972-1975
BA 1975
MA 1979
London Hospital Medical College 1975-1978
MB BChir (Cantab) 1978 University of Cambridge

SCHOLARSHIPS, PRIZES ETC.

1967 Open Scholarship, Winchester College
1971 Smyth Scholarship, Corpus Christi College
1972 Winchester College University Exhibition
1976 Mental Health Foundation Essay Prize and Travelling Fellowship
1979 Cumming Prize, Corpus Christi College
1984 Gaskell Medal and Prize, Royal College of Psychiatrists
1992 'C' Distinction award
1996 'B' Distinction award
2000 'A' Distinction award

EXPERIENCE IN PREPARING MEDICO-LEGAL REPORTS

I hold the degree of Doctor of Medicine from the University of Cambridge and am a Fellow of the Royal College of Psychiatrists.

I am recognized by the General Medical Council as a specialist in general psychiatry. I am approved under Section 12 of the 1983 Mental Health Act as having 'special experience in the diagnosis or treatment of mental disorder'.

I was a member of the Royal College of Psychiatrists working party on the mental health needs of refugees and asylum seekers. I have co-authored a systematic review of the effects of asylum detention on mental health which has just been accepted for publication by the British Journal of Psychiatry. I have prepared more than 150 expert medical reports, including more than 100 related to asylum seekers.

I have recently attended a Bond Solon Training Course on excellence in the preparation of medico-legal reports.

PRESENT EMPLOYMENT

Hon Professor, Dept Mental Health Sciences, University College London
Hon Consultant Psychiatrist, Kent and Medway NHS and Social Care Partnership Trust

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OTHER RECENT/CURRENT POSTS HELD

Dean, Royal College of Psychiatrists (since 1998; till July 2003)

Editor in Chief, Journal of Affective Disorders (since 1994)

Co-Chair, Section of Affective Disorders (since 2002; Chair 1996-2002) & Co-chair, Section of Geriatric Psychiatry (since 1999), World Psychiatric Association

Chair, Old Age Taskforce, World Federation of Societies of Biological Psychiatry (since 2001)

Online CPD Editor, Royal College of Psychiatrists (2003-7)

Member, South East Region Research Ethics Committee (since 2007)

Chair, Dementia Clinical Studies Group, DeNDRoN (since 2008)

EMPLOYMENT HISTORY

August 1978 - January 1979

House Physician to Drs Hickman, Ridley, Swash and Henson, The London Hospital

February 1979 - July 1979

House Surgeon to Mr Southam, Epsom District Hospital

August 1979 - March 1980

Mental Health Foundation Travelling Fellow, University of Cambridge

April 1980 - June 1982

SHO and Registrar, Fulbourn Hospital Cambridge

July - December 1982

Wellcome Research Fellow, Fulbourn Hospital Cambridge

January 1983 - December 1984

Research Fellow and Hon. Senior Registrar with Prof E.S. Paykel, St. George's Hospital Medical School

January 1985 - September 1985

Lecturer in Psychiatry and Hon. Senior Registrar with Prof. E.S. Paykel, St. George's Hospital Medical School

October 1985 - December 1985

Locum Senior Lecturer in Psychiatry and Hon. Consultant Psychiatrist, St. George's Hospital Medical School

January 1986 - February 1991

Senior Lecturer in Psychiatry, University College and Middlesex School of Medicine

Hon. Consultant Psychiatrist, Bloomsbury and Islington Health Authority

March 1991 - December 2002

Professor of Psychiatry of the Elderly, Department of Psychiatry, Royal Free and University College Medical School (since March 1991)

Hon. Consultant Psychiatrist, N Essex Mental Health Partnership NHS Trust (since March 1991)

January 2003 - September 2008

Dean, Kent Institute of Medicine and Health Sciences, University of Kent

Hon Consultant Psychiatrist, Kent and Medway NHS and Social Care Partnership Trust



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Professor Katona was appointed Medical Director at the Helen Bamber Foundation in 2012. He holds the degree of Doctor of Medicine from the University of Cambridge and is a Fellow of the Royal College of Psychiatrists. He is recognized by the General Medical Council as a specialist in general psychiatry.

Professor Katona has prepared more than 1200 expert medical reports since 2006, first with the Medical Justice Network and, since 2008, with the Helen Bamber Foundation. He remains Hon Professor, Division of Psychiatry, University College London, and leads on Asylum Mental Health for the Royal College of Psychiatrists.

Professor Katona is Emeritus Professor of Psychiatry, University of Kent (since 2009) and was Hon Consultant Psychiatrist, Kent and Medway NHS and Social Care Partnership Trust (2003-2012). From 1998 to July 2003 he was Dean, Royal College of Psychiatrists. He was Editor in Chief, Journal of Affective Disorders (1994-2015); Co-Chair, Section of Affective Disorders (2002-2011; Chair 1996-2002) and Co-chair, Section of Geriatric Psychiatry (1999-2010), World Psychiatric Association; Chair, Old Age Taskforce, World Federation of Societies of Biological Psychiatry (2001-2010); Online CPD Editor, Royal College of Psychiatrists (2003-7); Member, South East Region Research Ethics Committee (2007-2012); Chair, Dementia Clinical Studies Group, DeNDRoN (2008-2012).

Professor Katona's relevant employment history includes: House Surgeon to Mr Southam, Epsom District Hospital (February 1979 - July 1979); SHO and Registrar, Fulbourn Hospital Cambridge (April 1980 - June 1982); Research Fellow and Hon. Senior Registrar with Prof E.S. Paykel, St. George's Hospital Medical School (January 1983 - December 1984); Lecturer in Psychiatry and Hon. Senior Registrar with Prof. E.S. Paykel, St. George's Hospital Medical School (January 1985 - September 1985); Senior Lecturer in Psychiatry, University College and Middlesex School of Medicine and Hon. Consultant, Bloomsbury and Islington Health Authority (January 1986 - February 1991); Professor of Psychiatry of the Elderly, Department of Psychiatry, Royal Free and University College Medical School (March 1991 - December 2002); Hon. Consultant, N Essex Mental Health Partnership NHS Trust (since March 1991); Dean, Kent Institute of Medicine and Health Sciences, University of Kent (January 2003 - September 2008)

For several years Professor Katona was Chairman of the UCL Medical School's Psychiatric Teaching Committee and took overall responsibility for undergraduate and postgraduate teaching in psychiatry. He was closely involved in developing the psychiatry components of the radically revised UCL curriculum arising both from the merger with the Royal Free Hospital Medical School and the requirements of Tomorrow's Doctors. He is the author of an undergraduate textbook of psychiatry, Psychiatry at a Glance (6th edition published in 2015).

As Medical Director at the Helen Bamber Foundation Professor Katona provides consultant clinical support for therapists, peer review for colleagues' reports and formal teaching on the preparation of psychiatric reports. He has co-authored a systematic review of the effects of asylum detention on mental health which has been published by the British Journal of Psychiatry. He chaired a Royal College of Psychiatrists working party on the writing of asylum and immigration related psychiatric reports for the courts, which was published in 2015 and is available at <http://www.rcpsych.ac.uk/usefulresources/publications/collegereports/cr199.aspx>.

Professor Katona has published over 200 peer-reviewed papers as well as numerous book chapters and 15 edited books. (List available on request).



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RESEARCH INTERESTS

As indicated by the list of publications (see Appendix below), my research interests cover a wide range from bioscience through epidemiology and health services research to the effectiveness of undergraduate and postgraduate education.

I have been PI for several clinical trials in the fields of depression and dementia. I have an international reputation as a researcher in old age psychiatry, particularly in the area of depression in older people and in dementia.

My areas of research include biological markers in depression & post-mortem suicide brain, depression in older people, imaging in dementia, the natural history of Alzheimer's Disease, treatment adherence, the assessment of care costs and quality of life in older people, determinants of medical career choice, the evaluation of professional examinations and the mental health of asylum seekers. I am involved in a wide range of multidisciplinary research collaborations.

I have provided consultancy for several pharmaceutical companies including chairing National Advisory Committee meetings. I was Research Lead for my former Trust (N Essex Mental Health Trust) 2000-2002.

I am currently one of the PI for a major HTA funded study of antidepressants for depression in dementia (total funding £1.2M) and PI (with Dr Chris Fox) for a commercially funded study (memantine for agitation in dementia – funding £240k).

I am PI (with Prof Gill Livingston) for a long-term study of people with Alzheimer's Disease and their carers, funded by Lundbeck (£450k). I am PI I was a member of the CALM-AD (MRC funded) trial and have recently taken on the Chairing of the DOMINO trial steering committee (large MRC funded trial of donepezil and memantine in moderate to severe dementia). I am currently Chief Investigator funding (£130k) for a study evaluating a strategy to improve treatment concordance in older people with Type2 diabetes (ICOPE-D).

TEACHING EXPERIENCE

I have been a clinical academic with a significant teaching commitment since 1985. Since starting at UCL in 1986 I have consistently been closely involved in undergraduate and postgraduate education.

As well as contributing to the lecture programme to medical students and psychiatry trainees I have also lectured regularly to other professional groups including nurses and podiatrists. For several years I was Chairman of the UCL Medical School's Psychiatric Teaching Committee and took overall responsibility for undergraduate and postgraduate teaching in psychiatry. I was closely involved in developing the psychiatry components of the radically revised UCL curriculum arising both from the merger with the Royal Free Hospital Medical School and the requirements of Tomorrow's Doctors

My undergraduate textbook of psychiatry, Psychiatry at a Glance, has rapidly become a market leader in the field and is now in its 4th edition. I have also co-authored authoritative psychopharmacology textbooks.



NATIONAL ROLES

I was elected Dean of the Royal College of Psychiatrists by the College membership in 1997 and was in post 1998-2003. As Dean, I was the College's senior academic officer. I chaired the Specialist Training Committee which oversees basic and higher training programmes. When I took up post in 1998 I initiated and over the next five years implemented an ambitious educational strategy which is now almost fully implemented.

I have recently been elected to head the Dementia Clinical Studies Group which brings together a range of medical and allied health professionals with expertise in dementia clinical trial related research within the national DeNDRoN research network. I have also recently been appointed a member of the South East Region Research Ethics Committee

INTERNATIONAL ROLES AND EXPERIENCE

I have been Editor in Chief of the leading academic journal in mood disorders, the Journal of Affective Disorders, since 1994. In 1996 I founded the Section of Affective Disorders within the World Psychiatric Association. After 6 years as Chairman I am now Co-Chair. I have also been co-Chair of the WPA Section of Geriatric Psychiatry since 1999.

In 2001 I was asked to Chair the Old Age Taskforce of the World Federation of Societies of Biological Psychiatry (since 2001). In this capacity I initiated a systematic review of psychological therapies in managing behaviour disorders in dementia and, more recently I convened an International Consensus Meeting on Defining and Measuring Treatment Benefits in Dementia (in Canterbury, November 2006) whose proceedings have just been published in International Psychogeriatrics. I have given numerous invited talks in Europe, the USA and Australia as well as lecture tours in Australia and in the Middle East. Last year I gave a plenary talk at the NORAGE meeting in Turku, Finland and was the invited international speaker at the Swedish Association for Old Age Psychiatry's Annual Meeting in October 2007.

PUBLICATIONS

About 200 peer reviewed papers; 54 other articles; 28 chapters; 15 books (author or editor)
Available on request

