

SPECIALISMS

Anxiety
Bereavement
Bipolar
Chronic Pain
Cognitive Behaviour Therapy
Depression
Fabricated Illness
OCD
Pain Management
Postnatal Depression
Psychosomatic
PTSD
Trauma

CASE TYPES

Clinical Negligence
Occupational Health
Employment Tribunal
Personal Injury
PTSD
Road Traffic Accident
Second Opinion
Stress AT Work

BIOGRAPHY

I am a Clinical Psychologist working with adults. I am registered with the **Health Care Professions Council (HCPC)** and British Psychological Society (BPS), and bound by their professional codes of conduct.

PSYCHO-LEGAL REPORTS - EXPERT WITNESS:

I specialise in the preparation of psychological reports on the effects of accidents, stress and other trauma, to include negligence and more complex cases for the courts/insurers as an expert witness, and I am listed with the UK Register of Expert Witnesses and with the Association of Personal Injury Lawyers (APIL). I have prepared more than 1000 psycho-legal reports since 1987.

PSYCHOLOGICAL THERAPY AND CONSULTANCY:

I am registered as a **Psychologist Specialising in Psychotherapy with Senior Practitioner Status** with the British Psychological Society. I offer psychological therapy to adults experiencing difficulties after accidents and other trauma, as well as working with individuals experiencing other psychological problems. I have worked as a consultant for a wide range of organisations, including NHS Trusts and the Police.

TEACHING, PUBLICATIONS AND RESEARCH:

I have conducted research into whiplash, stress at work, phobic travel anxiety, malingering and quality of working life, with numerous papers in academic and professional journals. I am a **Visiting Research Fellow** at the Department of Psychology at the University of Portsmouth.

DETAILS OF QUALIFICATIONS:

B.Sc.	Psychology 1980 University of Exeter
M.A.	Clinical Psychology 1985 University of Liverpool
C.Psychol.	Chartered and Clinical Psychologist
A.F.B.Ps.S.	Associate Fellow of the British Psychological Society

Member of the Clinical Psychology Division of the British Psychological Society.

POSITIONS:

1980-1981	Residential Social Worker.
1981-1985	Psychological Technician/ Probationer Clinical Psychologist, NHS
1985-1989	Clinical Psychologist, Adult & Elderly Mental Health Services. NHS
1990-2018	Senior lecturer, Psychology Dept., Portsmouth University
2018 -	Visiting Research Fellow, Psychology Dept., Portsmouth University
1989 -	Consultant Psychologist, Independent Practice, Southampton



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SELECTED PUBLICATIONS:

Garzaro, G., Clari, M., Donato, F., Dimonte, V., Mucci, N., Easton, S., ... & Pira, E. (2020). A contribution to the validation of the Italian version of the work-related quality of life scale. *La Medicina del Lavoro*, 111(1), 32-45

Fontinha, R., Easton, S., & Van Laar, D. (2019). Overtime and quality of working life in academics and non-academics: The role of perceived work-life balance. *International Journal of Stress Management*, 26(2), 173.

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Koch H, Akehurst L, Easton S (2017) Judging Credibility of a Road Traffic Accident Claimant. *J Case Rep Stud* 5(2): 205

Easton, S, Akehurst, L, Turtle, S, & Satchell, L. (2017). An Evaluation of an Abbreviated Version of a Checklist to Aid Judgements of Credibility in the Medico-Legal Setting. *Open Access Journal of Forensic Psychology*, 9, 1-18

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Ost, J., Easton, S., Hope, L., French, C & Wright, D. (2015). 'Latent variables underlying the memory beliefs of Chartered Clinical Psychologists, Hypnotherapists and undergraduate students. *Memory*. 25, 1, 57-68

Harris, P, Loveman, E, Clegg, A, Easton, S & Berry, N. (2015) Systematic review of cognitive behavioural therapy for the management of headaches and migraines in adults. *British Journal of Pain*; 1-12. DOI: 10.1177/2049463715578291

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Ost, J., Wright, D. B., Easton, S., Hope, L., & French, C. C. (2013). Recovered memories, satanic abuse, Dissociative Identity Disorder and false memories in the UK: a survey of Clinical Psychologists and Hypnotherapists. *Psychology, Crime & Law*, 19(1), 1-19.

Easton, S., Van Laar, D. & Marlow-Vardy, R. (2013). Quality of Working Life and the Police. *Management*, 3(3): 135-141.

Easton, S & Van Laar, D (2013). Measuring quality of working life using the work-related quality of life scale. *The Journal of the International Stress Management Association*. 26, 2, 25 - 26.

Easton, S. (2012): Assessing malingering, lying and deception for reports. *Clinical Psychology Forum*, 229: 6-10



Easton, S. & Akehurst, L. (2011): Tools for the Detection of Lying and Malingering in the Medico-legal Interview Setting. *Medico-Legal Journal* 79 (3) 103-108

Edwards, J., Van Laar, D. L., Easton, S, Kinman, G. (2009) The Work-Related Quality of Life scale for Higher Education Employees. *Quality in Higher Education*. 15. 3. 207-219

Edwards, J.A., Webster, S., Van Laar, D. L., Easton, S. (2008). Psychometric Analysis of the Health & Safety Executive Management Standards Work-Related Stress Indicator Tool. *Work & Stress* 22.2.96-107

Merrett C & Easton, S (2007). The Cognitive Behavioural Approach; CBT's Big Brother. *Counselling Psychology Review* 23:1 34-41

Van Laar, D. L., Edwards, J., & Easton, S. (2007). The Work-Related Quality of Life (WRQoL) Scale for Healthcare Workers. *Journal of Advanced Nursing* 60(3) 325-333

Linnel, M & Easton, S (2006): Malingering, perceptions of compensation seeking in whiplash injury: A comparison of illness beliefs between simulated compensation scenarios and litigation claimants. *Journal of Applied Social Psychology*, 36, 11, 2619-2634

Ost, J & Easton, S, (2006). NICE recommends EMDR for post-traumatic stress disorder: Why? *Clinical Psychology Forum* 159 March 23-26

Linnell M & Easton, S, (2004). The relationship between phobic travel anxiety and the physical symptoms of whiplash injury. *Rehabilitation Psychology* 49 4 317-320

Easton, S, (2003) Psychological effects of Road Traffic Accidents: Issues, research and complexities for Expert Reports. *Medico-Legal Journal* 71. 130-7

Vrij, A & Easton, S (2002). Fact or Fiction? Verbal and Behavioural Cues to Detect Deception. *Medico-Legal Journal*. 70 (1) 29-37

Easton, S (1999) Keeping client notes: issue and guidelines. *Clinical Psychology*, .132 Oct. 10-12

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