

SPECIALISMS

Anxiety
Antisocial Behaviour
Attachment
Bipolar
Capacity
Custody
Dementia
Depression
Domestic Violence
Historic Sex Abuse
Learning Disabilities
Mood Disorder
Neglect
Paedophilia
Perinatal
Personality Disorders
Psychosis
Risk
Schizophrenia
Self Harm
Sex Offenders
Sexual Abuse Victims
Suicidal Ideation

CASE TYPES

Cognitive
Criminal
Family Proceedings
Forensic
Global Family Assessments
Risk Assessments
Testamentary Capacity

AREAS OF EXPERTISE

I have worked in the field of mental health since 2001. My experience spans inpatient, prison & community settings, and includes the assessment of both offenders and victims. In addition, I have provided second opinion assessments, and given oral evidence in Crown Court. .

I specialise in conducting psychological assessments of adults, predominantly in relation to:

- **Offending behaviour (perpetrators and impact on victims)**
- **Parenting capacity**

In both cases, assessment requires a careful combination of a psychological profile and risk assessment. The latter may be in terms of either future offending or ability to keep oneself or children safe. Assessments carefully explore concerns around mental health and personality difficulties, which can often be complicated by issues of substance misuse or compromised cognitive functioning.

In addition, I am trained in the assessment of children and adolescents, particularly in relation to their functioning and wellbeing within the context of familial relationships. Such assessments would usually be carried out alongside a parenting capacity assessment.

My assessments utilise a combination of recommended 'best practice' psychometrics in addition to clinical interview. They are always evidence based and tailored to individual need.

Examples of Previous Assessments

- Risk of future offending (sexual & non-sexual, including violence and arson)
- Parenting capacity (including emotional vulnerability, attachment, ability to keep children safe, impact of domestic violence & neglect).
- Impact of parenting style and familial relationships on dependents.
- Cognitive functioning (i.e. learning disability, capacity to consent, memory, developmental disorders i.e ASD)
- Complex mental health presentations (including Schizophrenia, Chronic Depression, etc)
- Personality disorder (including Psychopathy)
- Personality traits (such as those which are anger related) and ones ability to regulate them.
- Impact of traumatic events (including previous abuse, domestic violence)
- Suggestibility and compliance
- Feigning and malingering
- Substance misuse
- Treatment suitability
- Experience working with an interpreter

ACADEMIC QUALIFICATIONS

- **Doctor of Clinical Psychology** (Salomons, Canterbury Christchurch University, 2011)
- **MSc (Hons) Forensic Psychology** (University of Kent at Canterbury, 2003)
- **BSc (Hons) Psychology and Criminology** (Staffordshire University, 2002)

PROFESSIONAL QUALIFICATION AND MEMBERSHIPS

- Chartered Psychologist, British Psychological Society (BPS)
- Registered Clinical Psychologist, Health & Care Professions Council (HCPC)

SUMMARY OF CLINICAL EXPERIENCE

- Comprehensive mental health assessment of adult male and females, both offenders and victims. This includes individual psychological assessment through clinical interview and psychometric testing.
- I am trained in the use of specialist tools for the psychological assessment of risk, mental health, offending behaviour, personality, and cognitive functioning.
- Conducting parenting assessments, which where appropriate includes the assessment of dependents and observations of parent-child contact to assess attachment style.
- Delivering evidence-based interventions to individuals and families. Approaches include cognitive behaviour therapy, cognitive analytic therapy, mindfulness and systemic approaches.
- Providing group interventions, including sex offender treatment programme, anger management, hearing voices, and brief mindfulness practice.
- Providing supervision, training and consultation to other professionals.
- I am trained to provide Critical Incident Debriefing sessions following serious incidents.

EMPLOYMENT HISTORY

2014-current	Principal Clinical Psychologist Sussex Partnership NHs Foundation Trust, Forensic Health Care, The Hellingly Centre
2013-2014	Clinical Psychologist Sussex Partnership NHs Foundation Trust, Forensic Health Care, The Hellingly Centre
2013-2013	Primary Mental Health Worker Brighton and Hove City Council and Child and Adolescent Mental Health Service
2012-Current	Founder and Clinical Psychologist South East Psychology



- 2008-2011 **Trainee Clinical Psychologist**
Surrey and Borders NHS Foundation Trust, with placements in:
- Youth Offending Team
 - Older Adults Mental Health Service
 - Child and Adolescent Mental Health Service
 - Community Learning Disability Team
 - Adult Access Team
- 2007-2008 **Assistant Psychologist**
South London and Maudsley NHS Trust, Westways inpatient adult mental health
- 2005-2006 **Gap year**
- 2003-2005 **Assistant Psychologist**
Wealden Institute and Psychology Services
- 2003-2003 **Assistant Forensic Psychologist**
Chadwick Lodge MSU, Blenheim Health
- 2001-2003 **Health Care Assistant (part time)**
Trevor Gibbens RSU, Kent and Medway NHS and Social Care Partnership Trust

FURTHER TRAINING AND CPD

2015	Brief Psychodynamic Psychotherapy	Tavistock and Portman	5 days
2013	Critical Incident Stress Management (Debriefing)	Sussex Partnership NHS	1 day
2013	HCR-20 v3	Sussex Partnership NHS	2 days
2011	CBT Master Class	Christine Padesky	2 days
2011	Non-Violent Resistance and Reconciliation	Partnership Projects	1 day
2009	Introduction to Cognitive Analytic Therapy	Sussex Partnership NHS	3 days
2008	Mindfulness-based Cognitive Therapy	Sussex Partnership NHS	8 weeks
2008	Dual Diagnosis	PAN London	5 days

PUBLICATIONS AND PRESENTATIONS

Strauss, C., Luke, G., Jones, F., Hayward, M. (2014).

Can brief mindfulness practice be of benefit? Evidence from an evaluation of group person based Cognitive Therapy for depression. *The Cognitive Behaviour Therapist*, volume 7, e18

Slade, M., Luke, G., Knowels, L. (2008).

Methodologies for evaluating recovery training, *Clinical Psychology Forum*, 193, 10-15.

Slade, M., Luke, G. (2007).

Recovery training: hitting a moving target. London Mental Health Research & Development Conference, 14 March 2007.

Floyd, G., Wood, J. (2003).

Cultural gender-emotion stereotypes and perceived expressed emotion in staff by patients. First National Conference of Research in Medium Secure Psychiatric Units, 12 and 13 January 2004.

